# 2017 National Mental Health Services Survey (N-MHSS)

## April 28, 2017

Substance Abuse and Mental Health Services Administration (SAMHSA)

PLEASE REVIEW THE FACILITY INFORMATION PRINTED ABOVE. CROSS OUT ERRORS AND ENTER CORRECT OR MISSING INFORMATION.

CHECK ONE

- Information is complete and correct, no changes needed
- All missing or incorrect information has been corrected



### PLEASE READ THIS ENTIRE PAGE BEFORE COMPLETING THE QUESTIONNAIRE

**Would you prefer to complete this questionnaire online**? See the green flyer enclosed in your questionnaire packet for the Internet address and your unique User ID and Password. You can log on and off the survey website as often as needed to complete the questionnaire. When you log on again, the program will take you to the next unanswered question. If you need additional help or information, call the N-MHSS helpline at 1-866-778-9752.

### INSTRUCTIONS

- All of the questions in this survey ask about "this facility." By "this facility" we mean the specific treatment facility or program whose name and location are printed on the front cover. If you have any questions about how the term "this facility" applies to your facility, please call 1-866-778-9752.
- Please answer ONLY for the specific facility or program whose name and location are printed on the front cover.
- If this is a separate inpatient psychiatric unit of a general hospital, consider the psychiatric unit as the relevant "facility" for the purpose of this survey.
- For additional information about the survey and definitions for some of the terms, please visit our website at: https://info.nmhss.org.
- Return the completed questionnaire in the envelope provided, or fax it to 1-609-799-0005. (Please reference "N-MHSS" on your fax.) Please keep a copy of your completed questionnaire for your records.
- If you have any questions or need additional blank surveys, contact:

MATHEMATICA POLICY RESEARCH 1-866-778-9752 NMHSS@mathematica-mpr.com

### **IMPORTANT INFORMATION**

<u>Asterisked questions</u>. Information from asterisked (\*) questions is published in SAMHSA's online Behavioral Health Treatment Services Locator, found at <u>https://findtreatment.samhsa.gov</u>, in SAMHSA's *National Directory of Mental Health Treatment Facilities*, and other publicly-available listings, unless you designate otherwise in question C1, page 6, of this questionnaire.

<u>Mapping feature in online Locator</u>. Complete and accurate name and address information is needed for SAMHSA's online Behavioral Health Treatment Services Locator so it can correctly map the facility's location.

<u>Eligibility for online Locator</u>. Only facilities that provide mental health treatment and complete this questionnaire are eligible to be listed as mental health facilities in the online Behavioral Health Treatment Services Locator. If you have any questions regarding eligibility, please contact the N-MHSS helpline at 1-866-778-9752.

SECTION A: FACILITY CHARACTERISTICS		*A4.	<ul> <li>Which ONE category <u>BEST</u> describes this facility, at this location?</li> <li>For definitions of facility types, go to:</li> </ul>	
fac onl	tion A asks about characteristics of indiv lities and should be completed for this fa y, that is, the <u>treatment facility or progra</u> location listed on the front cover. Does this treatment facility, <u>at this location</u> offer: MARK "YES" OR "NO" F	cility m at		https://info.nmhss.org         MARK ONE ONLY         1       Psychiatric hospital         2       Separate inpatient psychiatric unit of a general hospital (consider this psychiatric unit as the relevant "facility" for the purpose of this survey)         3       Residential treatment center for children Decidential treatment center for children
	YE	S NO		4 L Residential treatment center for adults (NEXT
	1. Mental health intake			<ul> <li>5 Other type of residential treatment facility</li> <li>PAGE)</li> </ul>
	<ol> <li>Mental health diagnostic evaluation 1</li> <li>Mental health information and/or referral (also includes emergency programs that provide convices in</li> </ol>			<ul> <li>Veterans Administration Medical Center (VAMC) or other VA health care facility</li> <li>Community Mental Health Center (CMHC)</li> </ul>
	programs that provide services in person or by telephone)			8 D Partial hospitalization/day treatment facility
	*4. Mental health treatment			9 D Outpatient mental health facility
	(interventions such as therapy or psychotropic medication that treat a person's mental health problem or condition, reduce symptoms, and improve behavioral functioning and			<ul> <li>Multi-setting mental health facility (non-hospital residential <u>plus either</u> outpatient <u>and/or</u> partial hospitalization/day treatment)</li> <li>Other (Specify:</li> </ul>
	outcomes)			/
	5. Substance abuse treatment 1	0	A5.	Is this facility a solo or a small group practice?
	6. Administrative services for mental health treatment facilities	0		<ol> <li>☐ Yes</li> <li>□ No → SKIP TO A6 (BELOW)</li> </ol>
A2.	Did you answer "yes" to mental health treatment in question A1 above (option 4	)?	A5a.	Is this <u>facility</u> licensed or accredited as a mental health clinic or mental health center?
$\int$	- 1 □ Yes 0 □ No → SKIP TO C3 (PAGE 6)			• Do not count the licenses or credentials of individual practitioners.
*A3.	<u>Mental health treatment</u> is provided in which of the following service settings at this facility, at this location? MARK "YES" OR "NO" FOR EACH <u>YES</u> NO			<ul> <li>1 □ Yes</li> <li>0 □ No → SKIP TO C3 (PAGE 6)</li> </ul>
			A6.	Is this facility a Federally Qualified Health Center (FQHC)?
	1. 24-hour hospital inpatient 1			• FQHCs include: (1) all organizations that
	2. 24-hour residential			receive grants under Section 330 of the Public Health Service Act; and (2) other organizations
				that do not receive grants, but have met the
	<ol> <li>Partial hospitalization/ day treatment</li></ol>			requirements to receive grants under Section 330 according to the U.S. Department of Health and Human Services.
		_ • _		<ul> <li>For a complete definition of a FQHC, go to: <u>https://info.nmhss.org</u></li> </ul>
				₁ □ Yes
				$\circ \square No$
				□ Don't know

A7.	What is the <u>primary</u> treatment focus of this facility, at this location?			
	<ul> <li>Separate psychiatric units in general hospitals should answer for just their unit and <u>NOT</u> for the entire hospital.</li> </ul>			
	MARK ONE ONLY			
	1 🛛	Mental health treatment		
	2	Substance abuse treatment		
	3 🗆	Mix of mental health and substance abuse treatment (neither is primary)		
	4 🗆	General health care		
	5 🗆	Other service focus (Specify:		
		)		
A8.	that p	s facility a jail, prison, or detention center provides treatment <u>exclusively</u> for cerated persons or juvenile detainees?		
	1 🗆	Yes		
	<b>-</b> 0 🗆	No		
↓ *A9.	Is this	s facility operated by:		
-		(ONE ONLY		
	1 🗆	A private for-profit organization 3 SKIP TO		
	2 🗆	→A10 (TOP		
	_	COLUMN)		
	- 3 ∐	A public agency or department		
↓				
*A9a.		h public agency or department?		
	_	(ONE ONLY State Montal Health Authority (SMHA)		
	1 ∐ 2 □	State Mental Health Authority (SMHA) Other state government agency or		
	2 🗆	department (e.g., Department of Health)		
	3 🗆	Regional/district authority or county, local, or municipal government		
	4	Tribal government		
		Indian Health Service		
	5 🗆			
		Department of Veterans Affairs		
		Department of Veterans Affairs		
	6 🗆	Department of Veterans Affairs		

- A10. Which of these <u>mental health treatment</u> <u>approaches</u> are offered at this facility, at this location?
  - For definitions of treatment approaches, go to: <u>https://info.nmhss.org</u>

### MARK ALL THAT APPLY

- 1 🛛 Individual psychotherapy
- <sup>2</sup> D Couples/family therapy
- з 🛛 Group therapy
- ₄ □ Cognitive behavioral therapy
- ₅ □ Dialectical behavior therapy
- 6 🛛 Behavior modification
- 7 D Integrated dual disorders treatment
- 8 🛛 Trauma therapy
- 10 🛛 Electroconvulsive therapy
- 11 D Telemedicine/telehealth therapy
- 12 D Psychotropic medication
- 13 D Other (Specify:
- 14 □ None of these mental health treatment approaches are offered

## \*A11. Which of these services and practices are offered at this facility, at this location?

For definitions, go to: <u>https://info.nmhss.org</u>

### MARK ALL THAT APPLY

- Assertive community treatment (ACT)
- <sup>2</sup> Intensive case management (ICM)
- з 🛛 Case management (CM)
- 5 Chronic disease/illness management (CDM)
- 6 🛛 Illness management and recovery (IMR)
- 7 D Integrated primary care services
- 8 Diet and exercise counseling
- 9 🛛 Family psychoeducation
- 10 D Education services
- 11 D Housing services
- 12 D Supported housing
- <sup>13</sup> D Psychosocial rehabilitation services
- 14 D Vocational rehabilitation services
- 15 🛛 Supported employment
- 16 D Therapeutic foster care
- 17 🛛 Legal advocacy
- <sup>18</sup> D Psychiatric emergency walk-in services
- 19 D Suicide prevention services
- <sup>20</sup> Consumer-run (peer support) services
- 21 D Screening for tobacco use
- <sup>22</sup> D Smoking/tobacco cessation counseling
- <sup>23</sup> D Nicotine replacement therapy
- 24 D Non-nicotine smoking/tobacco cessation medications (by prescription)
- <sup>25</sup>  $\Box$  Other (Specify:
- 26 D None of these services and practices are offered

)

\*A12. What age groups are accepted for treatment <u>at this facility</u>?

#### MARK "YES" OR "NO" FOR EACH

YES NO

- 1. Children (12 or younger) ..... 1 0
- 2. Adolescents (13-17) ..... 1 0 0
- 3. Young adults (18-25)..... 1□ 0□
- 4. Adults (26-64) ..... 1 □ 0 □
- 5. Seniors (65 or older)..... 1 0 0
- \*A13. Does this facility offer a mental health treatment program or group that is <u>dedicated or designed</u> <u>exclusively</u> for clients in any of the following categories?
- If this facility treats clients in any of these categories, but <u>does not</u> have a specifically tailored program or group for them, <u>DO NOT</u> mark the box for that category.

### MARK ALL THAT APPLY

- 1 Children/adolescents with serious emotional disturbance (SED)
- <sup>2</sup> D Transitional age young adults
- <sup>3</sup> Persons 18 and older with serious mental illness (SMI)
- 4 

  Seniors or older adults
- 5 D Persons with Alzheimer's or dementia
- 6 D Persons with co-occurring mental and substance use disorders
- 7 D Persons with eating disorders
- 8 Persons with a diagnosis of post-traumatic stress disorder (PTSD)
- Persons who have experienced trauma (excluding persons with a PTSD diagnosis)
- 10 Dersons with traumatic brain injury (TBI)
- 11 D Veterans
- 12 D Active duty military
- 13 D Members of military families
- Lesbian, gay, bisexual, or transgender clients (LGBT)
- Forensic clients (referred from the court/ judicial system)
- 16 D Persons with HIV or AIDS
- 17 D Other special program or group (Specify:
- <sup>18</sup> □ No dedicated or exclusively designed programs or groups are offered

*A14.	Does this facility offer a crisis intervention team that handles acute mental health issues at this facility and/or off-site? 1	*A16b	<ul> <li>In what other languages do staff provide mental health treatment services <u>at this facility</u>?</li> <li>Do not count languages provided only by on-call interpreters.</li> </ul>
*A15.	<ul> <li>Does this facility provide mental health treatment services in sign language at this location for the deaf and hard of hearing (for example, American Sign Language, Signed English, or Cued Speech)?</li> <li>Mark "yes" if either staff or an on-call interpreter provides this service. <ol> <li>Yes</li> <li>No</li> </ol> </li> </ul>		American Indian or Alaska Native: 1   Hopi 4   Ojibwa 2   Lakota 5   Yupik 3   Navajo 6   Other American Indian or Alaska Native Language (Specify: ) Other Languages:
*A16.	Does this facility provide mental health treatment services in a language <u>other than</u> <u>English</u> at this location?		7     □     Arabic     16     □     Hmong       8     □     Any Chinese language     17     □     Italian       9     □     Creole     18     □     Japanese
	<ul> <li>1 □ Yes</li> <li>0 □ No, only English → SKIP TO A17 (NEXT COLUMN)</li> </ul>		10Farsi19Korean11French20Polish12German21Portuguese13Greek22Russian
A16a.	At <u>this facility</u> , who provides mental health treatment services in a language <u>other than</u> <u>English</u> ? MARK ONE ONLY		14    Hebrew    23    Tagalog      15    Hindi    24    Vietnamese      25    Any other language (Specify:
	<ul> <li>Staff who speak a language other than</li> <li>English</li> </ul>		)
	<ul> <li>2 □ On-call interpreter (in person or by phone) brought in when needed → SKIP TO A17 (NEXT COLUMN)</li> </ul>	*A17.	Which of the following statements BEST describes this facility's <u>smoking policy</u> for <u>clients</u> ?
	3 D BOTH staff and on-call interpreter		MARK ONE ONLY <u>Not permitted</u> to smoke anywhere outside or within any building
*A16a1.	Do staff provide mental health treatment services in Spanish <u>at this facility</u> ?		<ul> <li>Permitted in <u>designated outdoor</u> area(s)</li> <li>Permitted <u>anywhere outside</u></li> </ul>
	<ul> <li>1 □ Yes</li> <li>0 □ No → SKIP TO A16b (TOP OF NEXT COLUMN)</li> </ul>		<ul> <li>Permitted in <u>designated indoor</u> area(s)</li> <li>Permitted <u>anywhere inside</u></li> </ul>
A16a2.	Do staff at this facility provide mental health treatment services in any other languages?		6 D Permitted <u>anywhere without restriction</u>
	<sup>1</sup> □ Yes → SKIP TO A16b (TOP OF NEXT COLUMN) 0 □ No → SKIP TO A17		
	○ □ NO → SKIP TO A17 (NEXT COLUMN)		

*A18.	<ul> <li>Does this facility use a sliding fee scale?</li> <li>Not applicable to Veterans Administration facilities.</li> </ul>	*A20.	Which of the following types of c insurance, or funding are accepte facility for mental health treatmer MARK "YES," "NO" OR "DON'T
$\square$	1 □ Yes 0 □ No → SKIP TO A19 (BELOW)		
↓			1. Cash or self-payment
A18a.	Do you want the availability of a sliding fee scale published in SAMHSA's online Behavioral		<ol> <li>Private health insurance</li> <li>Medicare</li> </ol>
	Health Treatment Services Locator?		
	<ul> <li>Not applicable to Veterans Administration facilities.</li> </ul>		<ol> <li>Medicaid</li> <li>State-financed health</li> </ol>
	• The Locator will explain that sliding fee scales are based on income and other factors.		insurance plan other than Medicaid
	1 🗆 Yes		<ol> <li>State mental health agency (or equivalent) funds</li> </ol>
	₀ □ No		<ol> <li>State welfare or child and family services agency</li> </ol>
*A19.	Does this facility offer treatment at no charge to clients who cannot afford to pay?		<ul><li>funds</li><li>8. State corrections or juvenile</li></ul>
	<ul> <li>Not applicable to Veterans Administration facilities.</li> </ul>		justice agency funds
	1 🗆 Yes		funds
	₀ □ No → SKIP TO A20 (TOP OF NEXT COLUMN)		10.Other state government funds
↓ ↓	-		11.County or local government funds
A19a.	Do you want the availability of treatment at no charge for eligible clients published in SAMHSA's online Behavioral Health Treatment Services Locator?		12.Community Service Block Grants
	<ul> <li>Not applicable to Veterans Administration facilities.</li> </ul>		13.Community Mental Health Block Grants
	• The Locator will inform potential clients to call the facility for information on eligibility.		14.Federal military insurance (such as TRICARE)
	₁ □ Yes		15.U.S. Department of Veterans Affairs funds
	₀ □ <b>No</b>		16.IHS/Tribal/Urban <i>(ITU)</i> funds
			17.Other
			(Specify:

#### ving types of client payments, ng are accepted by this ealth treatment services?

### "NO" OR "DON'T KNOW" FOR EACH

YES

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<ul> <li>From which of these agencies or organizations does this facility have licensing, certification, or accreditation?</li> <li>Do not include personal-level credentials or general business licenses such as a food service license.</li> <li>MARK "YES." "NO" OR "DON'T KNOW" FOR EACH</li> </ul>			To increase public awareness of behavioral health services, SAMHSA may be sharing facility contact information with large commercially available Internet search engines, such as Google, Bing, Yahoo!, etc. Do you want your facility information shared on these Internet search engines?
2. 3. 4. 5. 6. 7. 8. 9. 10. 10. W cli IN 1. 2. EC: SJ Sc •	YES       NO       NOW         State mental health authority       1       0       0         State substance abuse agency       1       0       0         State substance abuse agency       1       0       0         State department of health       1       0       0         Family and Children's Services       1       0       0         Hospital licensing authority       1       0       0         The Joint Commission on Accreditation of Rehabilitation Facilities       0       0       0         (CARF)	C2. ↓ *C2a. C3.	<ul> <li>Information to be shared would be: facility name, location address, telephone number, and website address.</li> <li>1 ☐ Yes</li> <li>0 ☐ No</li> <li>Does this facility have a website or web page with information about the facility's mental health treatment program(s)?</li> <li>1 ☐ Yes</li> <li>0 ☐ No → SKIP TO C3 (BELOW)</li> <li>What is this facility's website address?</li> <li>Please enter the address exactly as it should be entered in order to access your site.</li> <li>Do not enter http:// (for example, enter www.yourfacility.com)</li> <li>Website:</li></ul>
mits th pplied. oral He	If you no longer have the envelop MATHEMATICA F ATTN: RECEIPT CON P.O. E Princeton, N RESPONDENTS: The information you provide will be protected to the fullest e e public release of identifiable information about an establishment only with the With the explicit consent of eligible treatment facilities, information provided if ealth Treatment Services Locator, the National Directory of Mental Health Treat	e, please ma POLICY RES ITROL - Proj Sox 2393 J 08543-23 xtent allowable e consent of that response to si	ail this questionnaire to: EARCH ject 50345_1 93 under Section 501(n) of the Public Health Service Act (42 USC 290aa(n)). This it establishment and limits the use of the information to the purposes for which it urvey questions marked with an asterisk may be published in SAMHSA's online
	dc ac • • 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. W cli IN 1. 2. <b>SECC</b> • • • • • • • • • • • • • • • • • •	does this facility have licensing, certification, or accreditation?         • Do not include personal-level credentials or general business licenses such as a food service license.         MARK "YES," "NO" OR "DON'T KNOW" FOR EACH         YES       NO         YES       NO         1. State mental health authority	does this facility have licensing, certification, or accreditation?         a. Do not include personal-level credentials or general business licenses such as a food service license.         MARK "YES," "NO" OR "DON'T KNOW" FOR EACH         YES       NO         YES       NO         State mental health authority

Public Burden Statement: An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this project is 0930-0119. Public reporting burden for this collection of information is estimated to average 25 minutes per respondent, per year, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to SAMHSA Reports Clearance Officer, 5600 Fishers Lane, Room 15E57-B, Rockville, Maryland 20857.